

Teach Me Health and Homeopathy

-Lesson 16-

STUDENT WORKBOOK

LEVEL I (1ST - 3RD GRADE)



ARNICA MONTANA

For short: *Arnica*
Common Name: *Leopard's Bane*


For bumps, bruises, wounds, and injuries of all kinds—be sure to go and find your *Arnica montana*. Have no fear—it's the premier injury remedy!



APIS MELLIFICA

For short: *Apis*
Common Name: *The Honey Bee*

Hives, very large swelling, itching, and stinging are all indications for *Apis mellifica*. The symptoms of *Apis* may also include serious allergic reactions.



ARSENICUM ALBUM

For short: *Arsenicum*
Common Name: *Arsenic Trioxide*

Arsenicum album is a polycryst used for various symptoms such as great weakness, burning pains, violent itch, hay fever, restlessness, diarrhea, nausea, and digestive distress. If you encounter poisoning with vomiting and such, remember this great remedy, it will relieve you much!

FREE
Promotional
Sample

By PAOLA BROWN

Endorsed by the Academy of Homeopathy Education

ASKING BASIC, MORE DETAILED, AND THICK QUESTIONS

Directions:

Read the phrases below. Use a pencil to draw a line, from one side to the other, to make sensible questions. The first one is done for you.

What is in ————— what kind of side effects will it cause?

What will ————— this drug?

Before I take this drug, ————— I need this drug?

Why do you think ————— this drug do to me?

If I take this drug, ————— can I try homeopathy?

What knowledge do you ————— do you have for taking care of my illness?

What other ways ————— have about homeopathy?

Directions:

Role playing: Now that you have put your phrases together to create complete questions, practice having a conversation with the “doctor” on the next page! With the help of your teacher, read the statements the doctor made. Next, from the previous activity, copy or write in your own words the best question you can ask in each speech bubble to respond to the doctor’s statements.

Art journaling: If you’d like, color in and cut out the page and glue it into your art journal.



You need to take this drug.

This drug is the best option for you.

If you don't take this drug you could get very sick.

This is what I've been trained to give.

[Empty speech bubble]

[Empty speech bubble]

Usually, people don't get sick from this drug.

[Empty speech bubble]

