

# Teach Me Health and Homeopathy

-Lesson 16-

## STUDENT WORKBOOK

LEVEL 2 (4TH - 8TH GRADE)



**ARNICA MONTANA**

For short: *Arnica*

Common Name: *Leopard's Bane*

For bumps, bruises, wounds, and injuries of all kinds—be sure to go and find your Arnica montana. Have no fear—it's the premier injury remedy!




**APIS MELLIFICA**

For short: *Apis*

Common Name: *The Honey Bee*

Hives, very large swelling, itching, and stinging are all indications for Apis mellifica. The symptoms of Apis may also include serious allergic reactions.



**ARSENICUM ALBUM**

For short: *Arsenicum*

Common Name: *Arsenic Trioxide*

Arsenicum album is a polycrest used for various symptoms such as great weakness, burning pains, violent itch, hay fever, restlessness, diarrhea, nausea, and digestive distress. If you encounter poisoning with vomiting and such, remember this great remedy, it will relieve you much!

**FREE  
Promotional  
Sample**

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Endorsed by the Academy of Homeopathy Education

## LESSON 16

## ASKING BASIC, MORE DETAILED, AND THICK QUESTIONS

**Directions:**

**Step 1:** Imagine that you are at a doctor's appointment having a conversation with a doctor, nurse, or other medical staff. What kinds of questions could you ask them about the treatment options being offered?

**Step 2:** Use the question-starters from the bank below to help you formulate your questions. Write down the questions you think of in the boxes, and try to fill each one!

**GREAT WAYS TO START QUESTIONS**

Who...	What...	Where...
When...	Why...	How...
After...	Before...	If/then...
What kind of...	What other way...	Why not...
What knowledge do you have about...		

**Step 2:** Now that you have practiced thinking up questions, role play a conversation with the "doctor" on the next page. Read the statements the doctor made, then write one of the questions you created in each speech bubble to respond to the doctor.

**Art journaling:**

If you'd like, color in and cut out the conversation with the doctor, and glue it into your art journal.



You need to take this drug.

This drug is the best option for you.

If you don't take this drug you could get very sick.

This is what I've been trained to give.

[Empty speech bubble]

Usually, people don't get sick from this drug.

[Empty speech bubble]

[Empty speech bubble]

[Empty speech bubble]

[Empty speech bubble]

