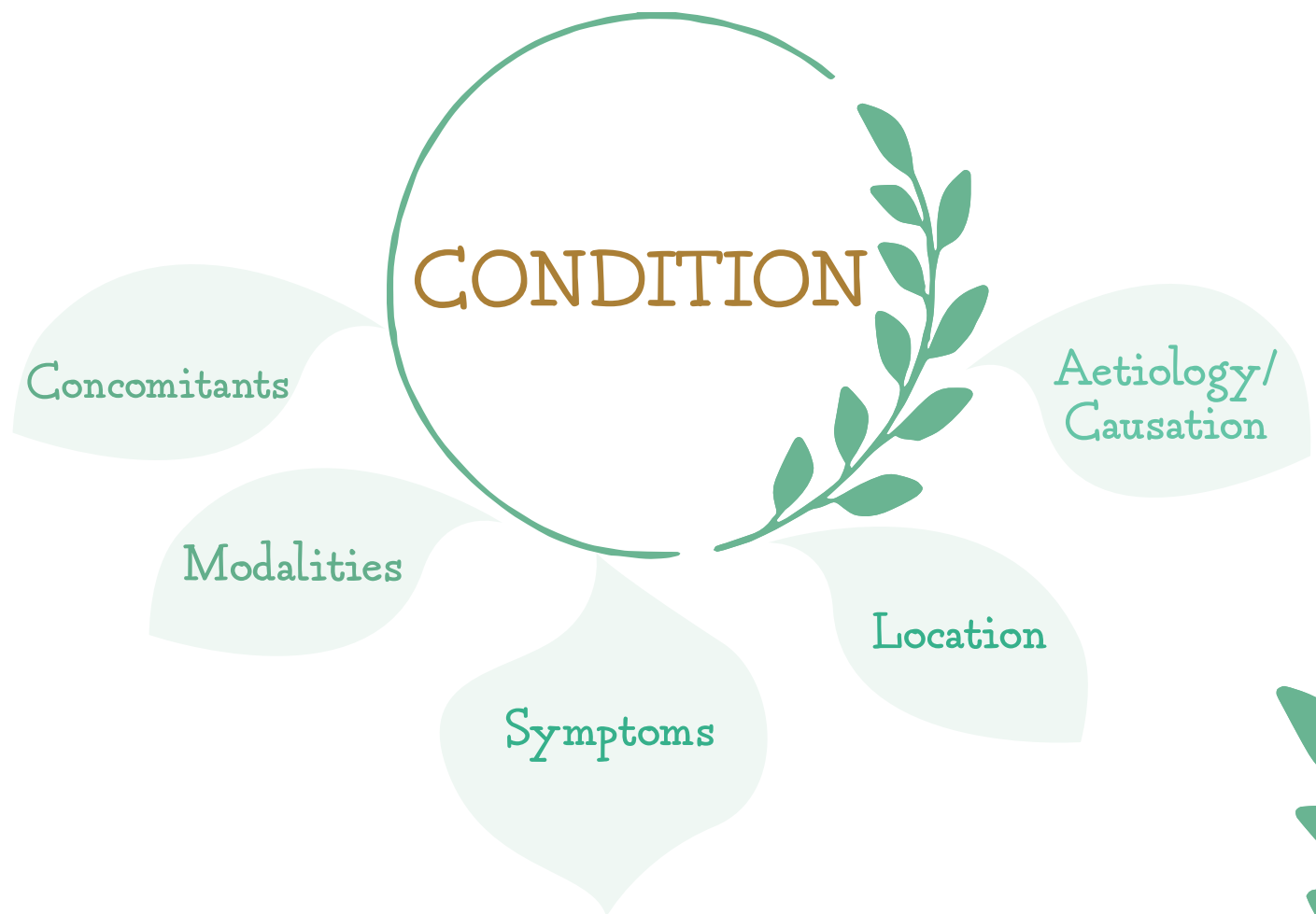


# MIND MAP OF SYMPTOMS FOR REPERTORISING AND *HOW TO USE IT*



**CONDITION:** What is the simplest description or name for the condition as it may appear in the repertory? (e.g. influenza / earache / headache, etc.)

**LOCATION:** Specify the Location (either mind, or physical location, for a condition that is multi-location such as hypertension select the system vascular, nervous system, etc. TOP TIP, all the rubrics should relate only to this location, except for concomitants)

**AETIOLOGY:** What is the known origin or what was happening prior to the onset? This can be emotional or mental strain even if prior to a physical condition, also if it is a viral or bacterial infection, try to go further back to identify what was happening prior to the exposure which made the individual susceptible. For example, don't just say influenza virus, go back and say exposure to virus at a pool party, cold dry wind, on a hot summer's day.

**SYMPTOMS:** Only as they relate directly to the identified location

**MODALITIES:** What makes the symptoms mentioned above better or worse. It is good to note temperature, pressure, times, conditions such as indoors or outside, fresh air or stuffy, etc. only list mental/emotional modalities IF the LOCATION is the MIND

**CONCOMITANTS:** Any other symptoms or general modalities which have not been identified as relating directly to the location

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Once you have listed all these in these groups, try to identify the main symptoms in each group which **DEVIATE** from the individual's **NORMAL** healthy state, or symptoms which seem strange, rare, or peculiar (such as laying on the affected area makes it better, not worse, etc.) You will want to select ten rubrics (symptom description) from your listed symptoms. The breakdown should look something like this:

- 1 x condition
- 1 x location
- 1 x aetiology/causation (if any)
- 4-6 symptoms
- 1-2 x modalities (if any)
- 1-2 x concomitants (if any)

For the next step complete a Rep Sheet, then compare the top 3-5 remedies to find the one which best fits the greatest number of symptoms, giving special attention to remedies which cover the strange, rare, and peculiar symptoms. If you have a couple of remedies equally weighted at the top, that cover the same number of symptoms, select the one with the least number of contraindications, or which best covers the mental and emotional state as well as other symptoms.

