



# 10 Steps to Ditch Big Pharma

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- [What is homeopathy?](#)
- Watch the [Terrain Theory](#) video with your children
- Watch [The Healing Path](#) video with your children
- Download my [dinner time discussion cards](#)
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- Go through your medicine cabinet and get rid of expired medicines or purge all the OTC and prescription drugs that you are comfortable with!
- Get my [Evie Homeopathy Kit](#)
- Take my [Intro to Homeopathy](#) online course
- Download [FREE lessons](#) from my PreK-K and/or 1-12 grade curriculum
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