

# Evie and the GOLDEN Homestead

## Teacher's Manual

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#### **Lesson 1: Read Aloud Lesson - North in the Storm**

- Discussion of Chapter 1 (answers included)
- Memory work:
  - How a Homeopathic Remedy is Made
  - *Arsenicum album*
- Recipe: Grandma Annette's Tomato Soup
- Mini Discussion about Clean Food: Pesticides in Food
- Video: New Pesticide Being Introduced in the USA in 2023.

#### **Lesson 2: Dig Deeper - Plant, Mineral, Animal, & Chemical**

- Video: Making a Flower/Plant Press
- Plant, Mineral, Animal Activity
- Family Herbarium
- Emily Dickinson's Herbarium
- Workbook Levels 1-3
  - Plant, Mineral & Animal Project
  - Remedy Category Chart: Set Up

#### **Lesson 3: Materia Medica Time - Aconite and Arsenicum**

- Create your Materia Medica Project book
- Video: How to Saddle Stitch & Bind Your Book
- Memory Work:
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  - *Arsenicum album*
- Workbooks Level 1-3
  - Aconite Study + Video & Materia Medica Page
  - Arsenicum Study + Video & Materia Medica Page
  - Remedy Category Chart



#### Lesson 4: Read Aloud Lesson - The Slithering Situation

- Discussion of Chapter 2 (answers included)
- Recipe: Grandma Annette's Bacon Wrapped Dates
- Mini Discussion about Clean Food: Selecting and Preparing Quality Pork

#### Lesson 5: Dig Deeper - My Health Freedom

- Memory Work:
  - Over-Using Homeopathic Remedies
- What is Health Freedom?
- Protecting your Health Freedom
- How to Handle a Doctor's Visit: Ruby and Jeremy's Appointments
- 5 Steps to Preserving Health Freedom
- Role Play: Slow Down & Practice
- Trusting your Gut
- What Does "Coerce" Mean? A Dive in the Dictionary
- Workbook Level 1:
  - Thinking about My Feelings
  - "No" is a Good Word
- Workbook Levels 2 & 3:
  - Patient's Right to Refuse Medical Treatment

#### Lesson 6: Materia Medica Time - *Lachesis muta*

- Memory Work:
  - *Lachesis*
- Workbook Levels 1-3
  - *Lachesis* Study + Video & Materia Medica Page

*Note to teacher:* This lesson only covers one remedy, *Lachesis*. But in lesson 24, four remedies are covered. If you would like, after completing *Lachesis* from this lesson, you can skip to Lesson 24 and complete the *Thuja* remedy assignment. This may help lighten the assignment load in Lesson 24.
- Remedy Category Chart



#### Lesson 7: Read Aloud Lesson - Farm Babies

- Discussion of Chapter 3 (answers included)
- Recipe: Mrs. Sparks's Dressed-Up Yogurt Toast
- Mini Discussion about Clean Food: Fermented Foods & Sourdough Bread
- Video: Sourdough Bread

#### Lesson 8: Dig Deeper - Placental Mammals

- Top Homeopathic Remedies for Heat Exhaustion, Heatstroke, and Sunstroke
- Sweat: Our Bodies Can Cool!
- Workbook Levels 1-3
  - Detective Work: Is it a Placental Mammal?
  - What is a Placenta and Umbilical Cord?
- Video: Three Different Ways Mammals Give Birth,
- Colostrum: Nature's First Food is Liquid Gold!

#### Lesson 9: Materia Medica Time - *Bellis*, *Caulophyllum*, and *Gelsemium*

- Memory Work:
  - *Bellis*
  - *Caulophyllum*
  - *Gelsemium*
- Workbook Levels 1-3
  - *Bellis* Study & Materia Medica Page
  - *Caulophyllum* Study & Materia Medica Page
  - *Gelsemium* Study & Materia Medica Page
- Remedy Category Chart



### Lesson 10: Read Aloud Lesson - Toothless!

- Discussion of Chapter 4 (answers included)
- Recipe: Grandma Annette's Strawberry Cheesecake Pancakes
- Mini Discussion about Clean Food: Soaking & Sprouting Grains
- Video: Sprouted Grains
- Recipe: Grandma Annette's Seed Bombs

### Lesson 11: Dig Deeper - Anatomy of a Tooth

- Constantine's 3-Legged Stool: Learning How to Select Homeopathic Remedies
- Workbook Levels 1-3:
  - Your Teeth Are Alive
  - Fluoride and Your Teeth
  - Video for Level 2 & 3 Students: Anatomy and Physiology of Teeth
- Workbook Levels 2 & 3:
  - For Level 2 & 3 Students: Critically Analyzing a Fluoride Article
  - Video: Critical Thinking
- Recipe: Make Your Own Toothpowder

### Lesson 12: Materia Medica Time - *Chamomilla*, *Ruta*, and *Hypericum*

- Memory Work:
  - *Chamomilla*
  - *Ruta*
  - *Hypericum*
- Workbook Levels 1-3
  - *Chamomilla* Study + Video & Materia Medica Page
  - *Ruta* Study + Video & Materia Medica Page
  - *Hypericum* Study + Video & Materia Medica Page
- Remedy Category Chart



### Lesson 13: Read Aloud Lesson - Run Like Someone Left the Gate Open

- Discussion of Chapter 5 (answers included)
- Recipe: Grandma Annette's Rabbit Sandwich
- Recipe: Grandma Annette's Calendula Tincture
- Video: Making Calendula Tincture
- Mini Discussion about Clean Food: Pasture-Raised Eggs
- Video: The Difference Between Cage-free, Free-range, and Organic Eggs

### Lesson 14: Dig Deeper - First Aid for Wounds

- Learning Basic Wound Care
  - Olivia's Injury
- Workbook Levels 1-3
  - The steps our body goes through when we get a wound
  - Wound Care & The First Aid Kit
  - Check Out a First Aid Kit
  - Cleaning the Wound
  - Keeping Wounds Moist
  - Considering Stitches
  - Butterfly Strips: The Easy Stitches
  - Covering/Bandaging the Wound
- Video: How a Doctor Applies Stitches
- Video: How to Apply Butterfly Strips
- Don't Forget Homeopathy!
  - Selecting Homeopathy for Various Scenarios!

### Lesson 15: Materia Medica Time - *Hepar sulph*, *Pyrogenium*, and *Gunpowder*

- Memory Work:
  - *Hepar sulph*
  - *Pyrogenium*
  - *Gunpowder*
- Workbook Levels 1-3
  - *Hepar sulph* Study & Materia Medica Page
  - *Pyrogenium* Study & Materia Medica Page
  - *Gunpowder* Study & Materia Medica Page
- Remedy Category Chart



### Lesson 16: Read Aloud Lesson - A Box Full of Bees

- Discussion of Chapter 6 (answers included)
- Recipe: Evie's Brazilian Lemonade
- Mini Discussion about Clean Food: Benefits of Lemon & Water
- Recipe: Grandma Annette's Comfrey Fertilizer Tea
- Recipe: Grandma Annette's Sunscreen Bar

### Lesson 17: Dig Deeper - The Sun, Your Skin, & AgriHomeopathy

- Hands-on Activity: How to Remove a Tick
  - Video: How to Remove a Tick
- Video: The Sun, Vitamin D, and Your Skin
- Wise Consumers Do Research
- Workbook Level 1
  - Ingredients Are Important
  - Recipe: Dairy-Free Chocolate Pudding
- Workbooks Level 2 & 3
  - Sunny Side Up Article Discussion and Wise Sunscreen Consumers
- Making Grandma Annette's AgriHomeopathy Remedy Chart

### Lesson 18: Materia Medica Time - *Cantharis* & *Urtica urens*

- Memory Work:
  - *Cantharis*
  - *Urtica urens*
- Workbook Levels 1-3
  - *Cantharis* Study + Video & Materia Medica Page
  - *Urtica urens* Study + Video & Materia Medica Page
- Remedy Category Chart



### Lesson 19: Read Aloud Lesson - Boom! Pow!

- Discussion of Chapter 7 (answers included)
- Memory Work:
  - Drugs Like Antibiotics & Steroids
- Recipe: Grandma's Healing Gel
- Mini Discussion about Clean Food: Coconut Oil
- Video: How Coconut Oil is Traditionally Made

### **Lesson 20: Dig Deeper - Fired Up for Homeopathy**

- Fire Safety
- Strike a Match: Demonstration & Discussion
- Workbook Levels 1-3
  - The Anatomy of a Match
  - *Sulphur, Phosphorous, Gunpowder* + Videos
- Workbook Levels 2 & 3
  - Note-Taking Practice + Video
- The Homeopathic Remedies Hidden in a Match
- Discussion:
  - Homeopathic *Sulphur* + Video
  - Homeopathic *Phosphorus* + Video
  - Homeopathic *Gunpowder* + Video

### **Lesson 21: Materia Medica Time - *Sulphur & Phosphorus***

- Memory Work:
  - *Sulphur*
  - *Phosphorus*
- Workbook Levels 1-3
  - *Sulphur* Study & Materia Medica Page
  - *Phosphorus* Study & Materia Medica Page
- Remedy Category Chart



### **Lesson 22: Read Aloud Lesson - A Teaspoon of Honey**

- Discussion of Chapter 8 (answers included)
- Recipe: Grandma Annette's Quinoa Salad
- Mini Discussion about Clean Food: Apple Cider Vinegar
- Video: Apple Cider Vinegar Benefits & How to Use It

### **Lesson 23: Dig Deeper - Skin Infections**

- Workbook Levels 1-3
  - Warning! Watch for Poison Ivy, Oak, & Sumac
- The Problem with Suppressing Illness
- Where Does Disease Go When We Suppress
- Video: Where does the Paper Go?
- Video: The Path of Healing
- Video: My Body's Natural Detoxification Process
- Recipe: Jewelweed Salve

### **Lesson 24: Materia Medica Time - *Graphites, Mercurius, Anacardium, and Thuja***

- Memory Work:
  - *Graphites*
  - *Mercurius*
  - *Anacardium*
  - *Thuja*
- Workbook Levels 1-3
  - *Graphites* Study + Video & Materia Medica Page
  - *Mercurius* Study + Video & Materia Medica Page
  - *Anacardium* Study + Video & Materia Medica Page
  - *Thuja* Study+ Video & Materia Medica Page
- Remedy Category Chart



### **Lesson 25: Read Aloud Lesson - Evie's Homeopathy Homestead**

- Discussion of Chapter 9 (answers included)
- Recipe: Grandma Annette's Raw Milk Shake
- Mini Discussion about Clean Food: Raw Milk

### **Lesson 26: Dig Deeper - Case Taking Practice**

- Spider!
- A Wonderful Herb: Plantain Leaf
  - Video: Plantain Leaf Poultice
- Workbook Levels 1-3
- Case-Taking Practice
  - Boenninghausen's X Diagram

### **Lesson 27: Materia Medica Time - *Ipecac*, *Veratrum album*, and *Pulsatilla***

- Memory Work:
  - *Ipecac*
  - *Veratrum album*
  - *Pulsatilla*
- Workbook Levels 1-3
  - *Ipecac* Study & Materia Medica Page
  - *Veratrum album* Study & Materia Medica Page
  - *Pulsatilla* Study & Materia Medica Page
- Remedy Category Chart